

# Speak Out

APRIL ISSUE



## SENIOR UNIVERSITY Q&A

We contacted several of BHS's alumni to ask them questions about university life; why they chose their major, how dorms are, the courses they took at school, etc. Check their answers out in this issue!

(Full article on page 3)

## COVID-19 in Slums: The Shelters That Are Being Slept On

For you to be able to read this article, you obviously have access to technology. You also obviously go back to a house, with food and water, electricity, and most importantly, a roof over your head. That is the life that 828 million people around the world are not able to have ...

(Full article on page 17)

## STUDENT COUNCIL REVIEW

We contacted the Vice President of the Student Council to discuss what they have accomplished so far and what they are aiming to accomplish when we return to school.

(Full article on page 20)



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# SENIOR UNIVERSITY Q&A

ADRIANA GORAIEB/YASMINA YARED - IB1

“At the beginning of every academic year at UBC, Clubs Fair takes place to promote all clubs and extracurricular activities. It’s an understatement when I say I’ve never seen more stands in my life. With over 300 student societies, I’m sure you’d find *something* you’re passionate about. Varying from sports teams of all levels, languages, hobbies, charity work, fraternities & sororities, literally every single thing you can think of probably had a stand for it. It’s truly one of the happiest days on campus as you can sense the unity and sense of pride in belonging to a club.” – *Nataly El Bittar, UBC*

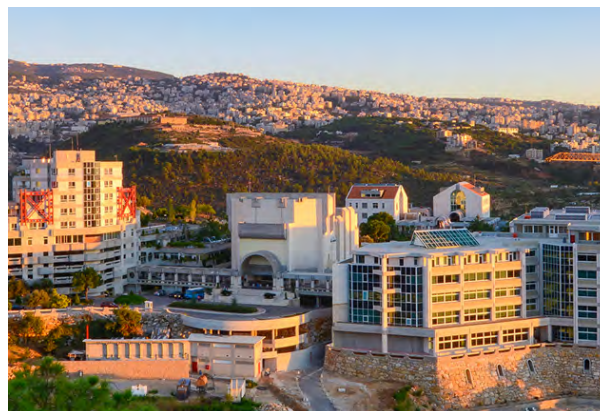
**Does your university offer any clubs or sports teams for students to join?**



*University of British Columbia, Canada*

“At the university I attended, Notre Dame University Louaize (NDU) there are a variety of clubs a student would be able to join. There’s a lot to mention but they tackle all sorts of hobbies/ interests. From the astronomy to the theatre club, to the basketball and ping pong team; a student has the opportunity to showcase their talents and explore new interests.” – *Michelle Bado, NDU*

“NDUMUN, Friedrich Naumann Foundation Workshops, and an independent journalism group for university students in Lebanon.” – *Michel Ghaleb, NDU*



*Notre Dame University, Lebanon*

“In universities in the UK you have something called societies instead of clubs, and you can find societies for everything you want. Personally I chose an Arab society, and they meet up usually every Wednesday after school. They usually make Wednesday a short day for extracurriculars, so if you want to do sports, or other things like that.” – *Talia Matar, University of Nottingham*



*University of Nottingham, United Kingdom*

“I go to AUB; we have the biggest variety of clubs and sports, everything from mental health, to first aid, to dance clubs; in sports, we have soccer, basketball, disk, rugby, swimming, handball.” – *Michel Sadek, AUB*

“I played JV soccer at Covenant College (Division III) even though I didn’t play much at BHS during my last couple of years due to a knee injury.” – *Roy Makkar, Covenant College*

“LAU, like BHS, has a large variety of extracurricular activities, including clubs and sports teams. (<https://www.lau.edu.lb/experience/clubs/index.php> this is a list if u want to pick a few that BHS students would be interested in.)” – *Enzo El Adm, LAU*



*Lebanese American University Byblos, Lebanon*



“In terms of clubs, NDU offers any club you can think of, because they’re student-based and students create the clubs. I’m currently the Vice President of the NDU Psychological Society, which is basically the psychology club. NDU offers clubs for every major (major-based clubs), but also other non-major-based clubs like the sports teams (track, volleyball, swimming), NDUMUN, astronomy club, etc. In terms of majors, it offers a very wide range of majors, some of which are not offered elsewhere in the Middle East, like educational psychology for example. It’s the only university with concentrated psychology majors, like industrial psychology, clinical psychology, educational psychology. It has actuarial sciences, which is very rare; in terms of engineering, it has all the concentrations of engineering, and it’s considered the best in design, so it offers a wide range of majors.” – *Tarek Yared, NDU*

**How did you adapt to another country (if applicable)?**

“Moving from Lebanon all the way to Vancouver, Canada wasn’t easy at all. Honestly, I would say the best way to adapt is to keep in touch with those back home and keep an open mind about your new environment. When you first move, everyone is so sweet and wants to make friends in their first year because you’re all in the same boat. Once you start having a routine, you’ll realize how easy it is to adapt, it’ll be hard at times, but you’ll always manage to keep yourself busy with new things. Reach out to people, even if it’s that random person you walk past in your dorm hallway, get out of your comfort zone and trust me it’ll start to feel like home in no time.” – *Nataly El Bittar, UBC*

“During my early school years, I moved around from country to country, from school to school, until the 5<sup>th</sup> grade, when I finally settled in BHS until I graduated. Adapting was no easy task, but I was lucky enough to have transitioned to schools that had students with international backgrounds. So, I didn’t feel entirely alone in the process. Being surrounded by so many nationalities, as well as learning about them and sharing my own nationality created a sense of unity for me.” – *Michelle Bado, NDU*

“Adapting from Lebanon to the UK was actually *really* hard. In Lebanon, we’re used to everyone doing something for us. I’ve actually gone grocery shopping once in Lebanon. In the UK, everything is so entirely different; you have to do everything by yourself, depend on yourself 100%. If you forget something, there’s no one to blame but yourself. Getting used to that took some time; give yourself time and eventually you’ll adjust. In the UK, you always have someone to help you in the university, which assigns each person a tutor. If you’re struggling with anything you can just tell them and they’ll tell you what to do, it’s super simple, the university makes it easier for you as an international student to adjust, it’s very nice. There are going to be a lot of international students going through the same thing, it’s nothing to worry about.” – *Talia Matar, University of Nottingham*

“I didn’t really need to adapt to living abroad in the US as opposed to Lebanon because BHS really trained me to meet people internationally and I had to adjust the move from Syria to Lebanon anyway as a teenager occasionally living alone. Furthermore, I learned from my brother as he taught me and warned me from all the mistakes he did when he moved to the US.” – *Roy Makkar, Covenant College*



“Initially going into university, I thought I knew exactly what I wanted to do and that I had it all figured out. Turns out I was wrong because fortunately for me, my university had tons of majors I’ve never even heard of. After some researching and exploring, I realized I wanted to major in Chemical Biology. That’s not a very common field as many people confuse it with biochemistry, but they’re not the same thing at all. Chemical biology is the study of solving biological problems using chemistry and chemical innovations. Hopefully that works out and I can end up using my knowledge in the medical field in the future.” – *Nataly El Bittar, UBC*

### Why did you choose your major?

“I chose my major, Radio TV/Film, because I’ve always loved to act and in Lebanon, unfortunately there is no performing arts program that is offered in English. So, I decided to learn about the audiovisual domain, and see how things were done behind the camera. I grew up knowing that I wanted to move people emotionally. The major gave me the opportunity to do just that. I learnt to be a storyteller, and to use visual elements and sounds to express myself.” – *Michelle Bado, NDU*

“I knew that I wanted to end up teaching, doing social work, writing... So I had a few options (Sociology, International Relations, Journalism, English Lit, Psychology...). I opened the NDU website and looked at the courses I’d be taking in each of these disciplines and gravitated mostly to the topics discussed in IR and Sociology, so I’m majoring in IR and minoring in Sociology.” – *Michel Ghaleb, NDU*

“Choosing my major was very difficult, I chose it by going to a lot of the Careers Fairs at BHS, which really helped, talking to a few people, my parents talking to a few people I knew, researching a lot. So I ended up choosing aerospace engineering at the University of Nottingham.” – *Talia Matar, University of Nottingham*

“I’ve always been interested in neuroscience, I’ve done camps abroad, research programs abroad, and I’ve done research here in Lebanon, so I chose Biology as my major.” – *Michel Sadek, AUB*



*American University of Beirut, Lebanon*

"I always loved engineering and business and I wanted to find a way to combine the two. I believe that many engineers are the smartest people in the room but the worst at communicating ideas and conversing. That's not bad per say, that's just the stereotypical personality associated with them. I believe Lebanon has taught me to communicate and fight for my thoughts. So, I saw a golden opportunity to pursue engineering with a person that can communicate and converse well. I also studied at a liberal arts institution for the past 3 years to strengthen my communication skills. And of course, MUN at BHS taught me everything I need to know about conflict resolution, public speaking, diplomacy, etc." – *Roy Makkar, Covenant College*

"I participated in MUN in 10th grade and started an interest in learning about international issues, whether social, political, or economic. This led me to understand the deeply interconnected nature of our societies and economies. I therefore decided to study Economics and Political Science at university, with the aim of acquiring the tools and mindset needed to properly analyze and find solutions to complex and interconnected problems." – *Enzo El Adm, LAU*

"I chose my major honestly after taking the Graphic Design class with Mrs. Magda in High School, I realized I actually liked it and wanted to get more into that field." – *Andrea Saad, NDU*

"I'm studying educational psychology. I chose my major because I want to teach, that's all I want to do. But I also want to go into the research in education, to change curricula, to change books, how they're written, and that requires a more psychological approach, rather than a broad, educational perspective, which people would go for and major in, rather than major in educational psychology." – *Tarek Yared, NDU*

### How does the dorm system work and do you like it?

"The dorm system depends on each university. At UBC, first-years get priority, so if any first year applies for housing, they will get it for sure. In my campus at UBC, there are 3 different residences for first years. I got put in the most populated one; 2 buildings, 19 floors each, so basically around 2,000 people living in it, and I really liked it because you get to meet so many people thanks to the events which are constantly being held in the beginning of the year for you to meet the people on your floor to communicate and there are challenges for bonding, etc. It seems awkward, but I think it's an experience of a lifetime, and everyone should try it at least once in their life; you're

not a college student forever, and undergrad is the right time to try things out like that." – *Nataly El Bittar, UBC*

"I do not stay in the dorms on campus. However, I've had friends who have. They claim it to be convenient, safe and clean. I'm sure living with your friends is also a quite fun university experience." – *Michelle Bado, NDU*

"In the UK I decided to go for private accommodation where I cook my own food, I have my own space. Personally I like living by myself; it took me some time to adjust, but when I did, it was amazing. I thought it was going to be a way bigger deal than it actually was, I found living by myself easier than I thought it would be." – *Talia Matar, University of Nottingham*

"I don't personally use the dorm system, but I know that at AUB, boys and girls are separated, and it's very nice, everyone likes it. You have meal plans, etc." – *Michel Sadek, AUB*



“At Covenant College, you have to live on campus for 1-3 years and then you have the option to move off campus your senior year. I stayed on all three years and I loved it. I lived in a great dorm (somewhat like a fraternity) and I had great brotherhood unity and friendship around me. Really brought me closer to a better social life.” – *Roy Makkar, Covenant College*

“You have two types: LAU dorms, which are usually stricter in their rules, and private dorms, which are more relaxed with rules. You have different options to pick from; price range, with a roommate or alone, distance from university, cleaning arrangements, facilities in the dorms etc.

Many dorms that are far from university offer their own shuttle services.

I liked the dorm life; it is very convenient in terms of being close to university, teaches key life skills, and introduces you to lots of people!” – *Enzo El Adm, LAU*

“The dorm system at NDU is very simple. I don’t go to dorms, but it’s based on single or double male/female buildings. It’s a bit expensive and will range from \$1,000 to \$2,000 a semester.” – *Tarek Yared, NDU*

“My university follows the semester system; so fall semester starts in the first week of September and classes end in the last week of November; we have a couple days off for reading days to study for finals which take place from the 3<sup>rd</sup> of December to the 18<sup>th</sup>, (campus-wide finals; depends on each professor teaching your class), and then we have spring break, and then the second semester starts in the first week of January, and we finish classes first week of April. Finals are usually mid-April till 30<sup>th</sup>.”

– *Nataly El Bittar, UBC*

**What system does your university follow (semesters, quarters, etc.)?**

“The university works by semesters, so we have 2 semesters a year.” – *Talia Matar, University of Nottingham*

“We use the semester system, but there exist summer and winter quarters.” – *Michel Sadek, AUB*

“2 semesters.” – *Roy Makkar, Covenant College*

“LAU has a semester system, with Fall running from End August to mid-December, Spring running from January to May, and a two-month Summer semester running from June to July.” – *Enzo El Adm, LAU*

“My university follows a system of 3 semesters per year (Fall-Spring-Summer).” – *Andrea Saad, NDU*

**Were you forced to do freshman year?**

“I am actually a freshman student; I got some credits from my IB courses, but only from my HL classes, and you don’t get much. Generally most people do freshman, not a lot of people go to Second year in university, because they want to get requirements out of the way. The way UBC works is, at least for me, I’m in the Faculty of Science, I need to do some requirements in the first year in order to apply to my major. So now in June I will apply to my major, and then I get admitted into that specialty. In the first year, students are finishing up requirements for their major, or getting rid of elective requirements or graduation requirements for the future.”

– *Nataly El Bittar, UBC*



“Yes, I was required to do Freshman year.” – *Michelle Bado, NDU*

“No, I did LP at school.” – *Michel Ghaleb, NDU*

“No; here in AUB, everyone who’s in IB or LP doesn’t have to do freshman, so I didn’t” – *Michel Sadek, AUB*

“I was forced to do freshman year and unfortunately couldn’t transfer my A-levels. BUTTTT the perks of that was that freshman year, GPA was an easy 4.0 which is tough in the US especially a college affiliated with Georgia Tech, the best industrial engineering school in the US.” – *Roy Makkar, Covenant College*

“No I did my Lebanese Baccalaureate, so I skipped freshman year.” – *Enzo El Adm, LAU*

“I was not forced to do freshman year because I was an SE student in the Lebanese Program.” – *Andrea Saad, NDU*

“I didn’t do freshman year, because I was in the Lebanese program, so now I’m a sophomore.” – *Tarek Yared, NDU*

“I don’t know too much about exchange programs in my university because it’s usually the upper-year students who do it, but I know that there is a “Go Global” exchange program which is really popular in UBC; kids tend to go and do it abroad, usually in Europe, and it’s available for every faculty (engineering, business etc.), but it also depends on your specialty; sometimes your major doesn’t allow you to do, but there is also something called “Co-Op”, a working opportunity, where for a year or a semester you’re actually working somewhere for actual work experience, instead of taking courses. It’s a big thing; some majors actually require you to do it before you graduate.” – *Nataly El Bittar, UBC*

**Are there any exchange programs at your university?**

“Yes, I’ve gotten emails about programs to different places in Europe. It usually depends on your GPA, your proficiency in speaking the host country’s language, and your major, among other things. Some programs are funded by the university and others require the students to pay. We also have exchange students from France in our PoliSci classes.” – *Michel Ghaleb, NDU*

“Yes, there’s a lot of universities in Europe; Bokoni, for example, and there’s also to Canada and the US; I’m not technically participating in an exchange program, but I will be doing a summer semester in Stanford.” – *Michel Sadek, AUB*

“You can study abroad almost everywhere and if you have the scholarship I have, the full tuition, the scholarship transfers for the semester.” – *Roy Makkar, Covenant College*

“Yes there are plenty of opportunities for different majors. I went on an exchange semester to Sciences Po in Paris. I have friends who went to Italy, Poland, Spain, the UK and the US.” – *Enzo El Adm, LAU*

“There are exchange programs at NDU but for very limited majors and they do offer scholarships internationally.” – *Andrea Saad, NDU*

“It offers a lot of exchange programs, for almost all majors every year to many countries like Denmark, UK, France, Spain, Portugal...” – *Tarek Yared, NDU*

**What extracurriculars did you take part in while at BHS?**

“I was IB1 and IB2 representative in Student Council (I was treasurer and secretary), I was leader of the ‘I Serve’ club, I was in the tutoring club, I was part of ushering, I was co-leader of the environmental club, I was part of MUN (so LAUMUN, advisor and dais member for BHSMUN). I also took part in the World Scholar’s Cup in the 2018 Beirut Round, I was in the Prom and Yearbook committee.” – *Nataly El Bittar, UBC*

“I was the Head of Prom Committee and the Events Committee. I was the Captain of the Girls Basketball Team. I took part in some Community Service activities as well.” – *Michelle Bado, NDU*

“BHSMUN, Scouts, Choir.” – *Michel Ghaleb, NDU*

“I did MUN, I was part of the soccer team, I played basketball, I was founder of the Marine Club, part of the music club, and I did Scouts.” – *Michel Sadek, AUB*

“MUN, soccer. I did many more, but I’ll mention these two as the most important where the former was the most important thing I ever did. I’ll reemphasize. DO MUN AND YOU WILL FIND SUCCESS EASIER.” – *Roy Makkar, Covenant College.*

“I was involved in many clubs: Environmental, Speakout, I Serve, and mostly MUN... We started BHSMUN in my Senior year. I was also on the student council for three years. (shoutout to this year’s members for the great job they are doing, I’m keeping up on Instagram haha).” – *Enzo El Adm, LAU*

“In school I took part in choir, I was the director of BHSMUN after having done MUN for the previous 3 years, and I was the Head of ‘I Serve’ club for two years.” – *Tarek Yared, NDU*

“I’m not considered an international student, because I have a Canadian passport and I am considered a domestic student, but I know that there’s a lot for international students. Scholarships for international students are usually not very easy to get because there are so many international students, but I know that there are a couple of donors who give money to UBC, specifically for international kids, and there are a lot of merit-based scholarships and athletic scholarships.” – *Nataly El Bittar, UBC*

**Does your university offer any scholarships for international students?**

“Yes, NDU offers a scholarship up to 75% off tuition to the students that achieve a specific GPA. There are also sports scholarships, sibling grants and I’m sure more.” – *Michelle Bado, NDU*

“Yes, my university does offer scholarships, athletic scholarships and academic, and they can even offer both.” – *Talia Matar, University of Nottingham.*

“It’s not particularly for international students; if you have a high SAT score or great academics then it’s a possibility to get a scholarship.” – *Michel Sadek, AUB*

“As I said before, I did receive a full tuition scholarship which saved me a ton of money considering that Georgia tech is around 60K for each semester. But doing my program I only have to pay for two semesters of 60K :)” – *Roy Makkar, Covenant College*

“Not sure as a whole... I know they have a scholarship program for students from Middle East and North Africa (MEPI Program). Plus MUN scholarships and other scholarships for competitions, SAT scores, merits, etc.” – *Enzo El Adm, LAU*

“NDU offers a lot of scholarships; I was admitted with 100% scholarship, which only lasts for the first semester, and then the scholarship turns into a grade-based scholarship. So you get the scholarship depending on your GPA. Since I have a GPA higher than 3.8, I got a 75% scholarship. The value of the scholarship varies depending on your GPA, so for instance with a GPA from 3.5 to 3.6 you get a 25% scholarship, etc.” – *Tarek Yared, NDU*

“I am currently working at BHS as a Lower Elementary Drama Teacher. I am also a freelance actress. Currently, I am acting in a Blinktonasia Theatre Production called “Alienation.” – *Michelle Bado, NDU*

**Are you currently doing any internships or working?**

“I currently have jobs with the university, I work at the library and any time they need someone to introduce someone else to a specific department related to engineering; I usually do that. I apply online. I also found out that the more languages you know the better; they’ll pay you more, and the more language you know, the more likely you’ll get a job, because a lot of international students come to visit the university and tour the departments. They also really like Arabic because there are a lot of students from the Gulf that come.” – *Talia Matar, University of Nottingham.*

“Right now I’m not doing an internship but I’m doing research, I’m working with doctors; we’re working on a project about multiple sclerosis, in neuroscience. It’s similar to an internship; you have after-university hours; I go for 3 hours every day to participate in the lab.” – *Michel Sadek, AUB*

“I’m currently not working or doing any internship; I’m just focusing on my academics in my first year, so I can get into the major I want. I joined a couple of clubs in university though, nothing outside of that. Maybe I will in the summer, but for now, with the pandemic going on, no one really knows what’s going to happen, so now I’m focusing on my online classes and exams, since those are still going on, and I’m hoping to get into the specialty that I want.” – *Nataly El Bittar, UBC*

“This summer I have an internship at Scinovia Corp. a biomedical, bio mechanical engineering company that produces machines that analyze blood flow during open heart surgery. I’ll be working on the machines, doing some code work, and also working on the sales and marketing team in order to find ways to increase efficiency and workflow. Regardless of what I am currently doing, making connections was the most important thing here in the US. I was able, through people I became acquainted with, to receive internships at a 3D printing company, Pacific Northwest National Lab, the major supplier of all packaging materials in the US, and the largest and most prestigious Asphalt company in the US. They say, “it’s who you know that gets you the job, but what you know is what makes you keep it” – *Roy Makkar, Covenant College*

“Yes, I graduated in 2019 and am currently working at Kullun Irada, a Lebanese lobby group targeting political reform in the country with the aim of attaining engaged citizenship, transparency and accountability. I will also be going to do my master’s at HEC in Paris this September” – *Enzo El Adm, LAU*

“Currently I finished 60 hours of obligatory internship and got offered the job straight after, so I am now working at Brandem.” – *Andrea Saad, NDU*

“I am currently working and interning; I am interning at CARE, which is a special educational school/center, where we deal with kids on the autism spectrum, with learning disabilities, and all the



aspects which educational psychologists are specialized to deal with. I also work as a freelance tutor, so I am split between university, work and internships. NDU offers a lot of internships; in fact, you are forced to do an internship in the last semester, which they offer to you. But other than the forced internship in the last semester, they offer other optional ones.” – *Tarek Yared, NDU*

“In Grades 9 and 10 I was in the IGCSE program, I did the IG in math, biology, chemistry, physics, English literature. For grades 11 and 12 I did the IBDP program; I did English Lit & Lang SL, Arabic SL, ITGS SL, Math HL, Chemistry HL, and Biology HL.”  
– *Nataly El Bittar, UBC*

**What courses did you take in high school?**

“I’m not sure if my memory serves me well. But I recall taking English, Biology, Sociology, Arabic, Film Studies, World Peace (I think that’s what it was called), Environmental Studies and more.” – *Michelle Bado, NDU*

“I started as a Scientific student which meant my main courses were Physics, Maths, Chemistry and Biology. In senior year I switched to SE, which was primarily Sociology, Economics, Literature, Philosophy...” – *Michel Ghaleb, NDU*

“I did IB, so I took Math, Chemistry, Physics, Arabic, English and ITGS, they all insanely helped me, and piece of advice for anyone planning to study abroad: I personally found that people (professors, potential employers etc.) found it really impressive to speak Arabic. If you have the opportunity to learn Arabic in high school, please do so, because at the end of the day, in Lebanon we speak English, Arabic and French, but from what I saw was: Arabic over French.” – *Talia Matar, University of Nottingham*

“I was part of the Lebanese program, and we take everything; English, Arabic, Biology, Chemistry, Physics, History, Civics, Geography, Math, etc.” – *Michel Sadek, AUB*

“For courses, I took 5 A levels my senior year so A-level English, math, economics, physics, chemistry, and I think something else, but I forget currently. But yeah and I did the end-of-year A-level exam in all of them except Econ because there was no need :)” – *Roy Makkar, Covenant College*

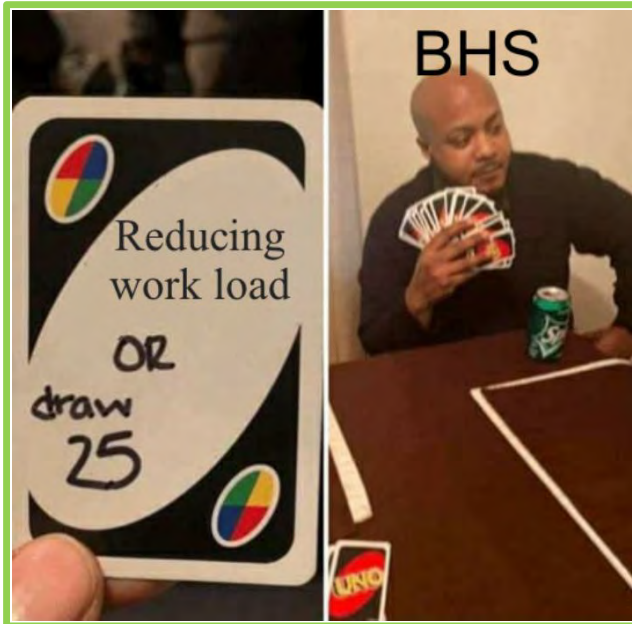
“I was part of the Life Science section of the Lebanese Program, so lots of courses hahaha... English Arabic French Biology Chemistry Physics Math Civics History Geography Economics Sociology Philosophy PE Art (might have forgotten a few...)” – *Enzo El Adm, LAU*

“In high school I took 13 subjects all-in-all in LP (English-Arabic-History-Civics-Geography-PE-Sociology-Economics-Philosophy- Math-Chemistry-Biology-Physics)” – *Andrea Saad, NDU*

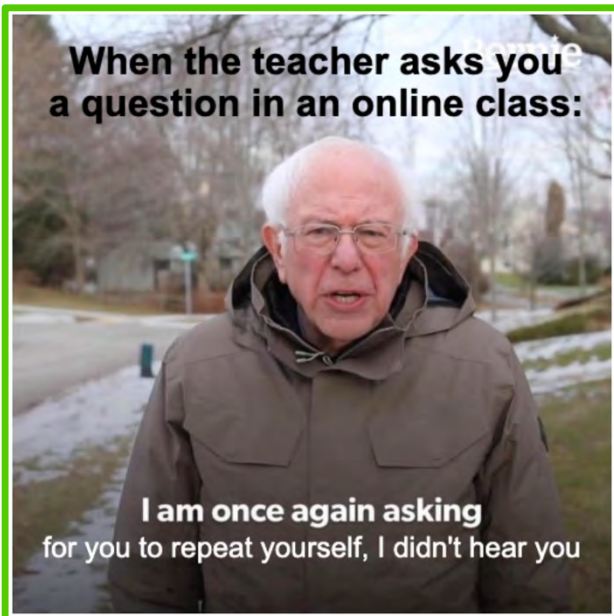
“I did the Lebanese Program, so I took all the courses in the world; I took the scientific track and then general sciences, so math, physics, chemistry, that was the main focus.” – *Tarek Yared, NDU*

**\*Some answers were modified for clarity**

# COMICS



**Physics lab: Acceleration of free fall**  
**Bio lab: Plant observation**  
**Chem lab:**





Actually  
paying  
attention  
in math class



Relying on  
Indian math  
videos to teach  
you everything

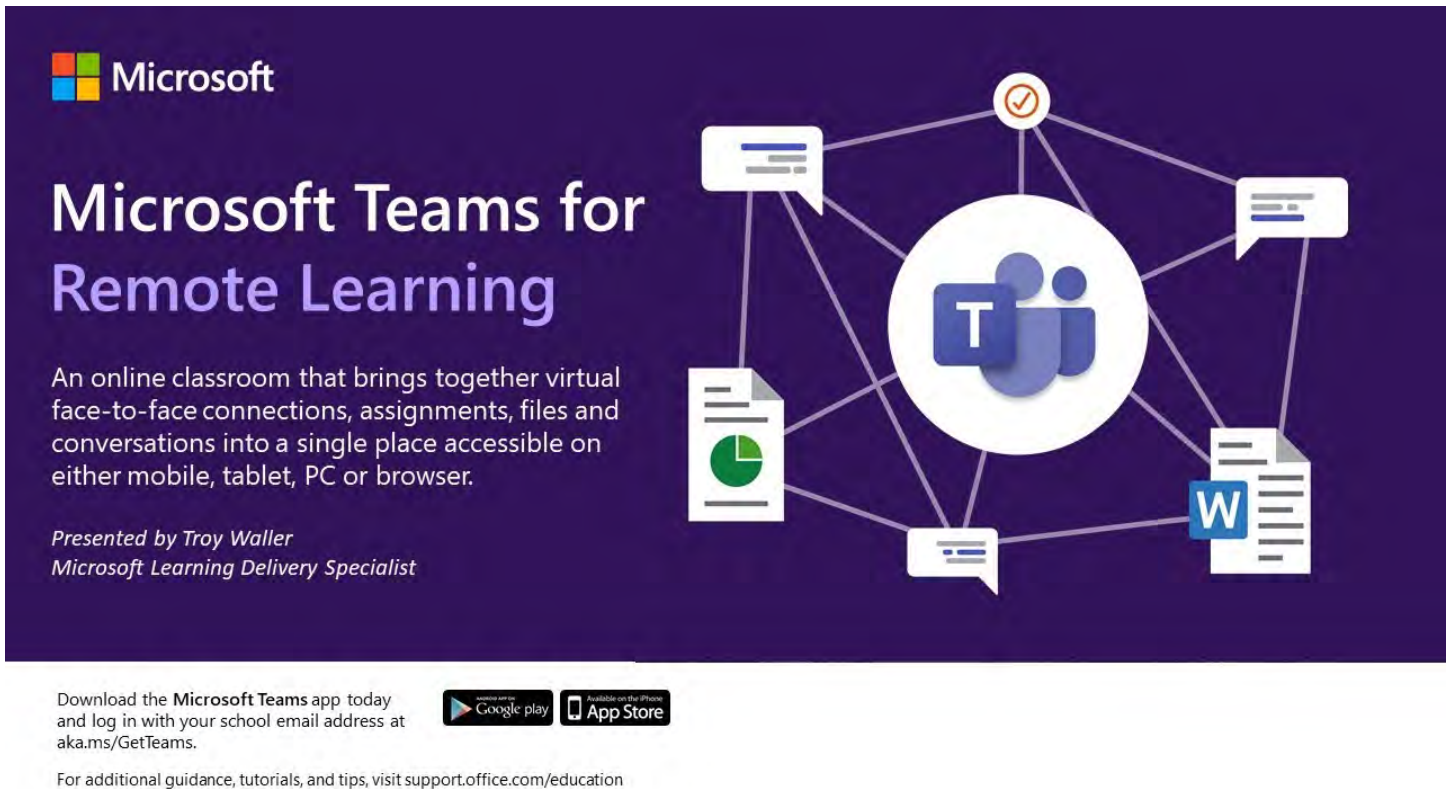
When you haven't been paying  
attention in the online class and  
the teacher asks you a hard question





# ONLINE SCHOOL

JOYA KHOURY- IB1



**Microsoft**

## Microsoft Teams for Remote Learning

An online classroom that brings together virtual face-to-face connections, assignments, files and conversations into a single place accessible on either mobile, tablet, PC or browser.

*Presented by Troy Waller  
Microsoft Learning Delivery Specialist*

Download the **Microsoft Teams** app today and log in with your school email address at [aka.ms/GetTeams](https://aka.ms/GetTeams).

For additional guidance, tutorials, and tips, visit [support.office.com/education](https://support.office.com/education)

Available on the Google play | Available on the iPhone App Store

The graphic features a central white circle with the Microsoft Teams logo (three stylized people icons and a 'T'). This central circle is connected by lines to various icons representing different features: a speech bubble with a checkmark, a document with a list, a document with a pie chart, a document with a 'W' (Word), and a document with a list. The background is a solid purple color.

Due to the corona virus outbreak, schools and businesses have temporarily closed to ensure the safety of students and workers. Jobs and classes have been happening online over platforms such as Zoom and Microsoft Teams. Although these are very stressful and unsure times, life must carry on as normally as possible and the internet facilitates that. Just like everything in life, online learning has its advantages and disadvantages. Beginning with the advantages, students are able to keep up with the curriculum and since education is a right, children are not being deprived of that right.

The school days begin later, and students do not have to wake up as early as they used to - this is easier on students and they are able to wake up more well-rested and energized. There is also no commute which saves students time and energy as well as it is allowing the environment to heal. Also, if students get hungry during classes, they can have a snack to maintain their energy and focus; this also means that students do not have to follow the school's timetable when it comes to eating meals.

Online classes also encourage students to practice self-discipline and responsibility as students need to remember to go to class on time and if the teacher cannot physically see them, they are responsible for their attention and note-taking during the lesson. Some teachers also record the classes, so if students need to revise a certain aspect they have the ability to do that. Teachers also use advanced online whiteboards which the students have access to. Using it allows teachers and students to take down notes collaboratively, and it engages students, encourages participation, and makes it easier to understand concepts as they are both orally and visually presented. Lastly, students are able to learn from within the comfort of their own homes.

This, however, is both an advantage and a disadvantage at the same time. It means that students are in a more comfortable environment to learn, but also it may be harder to concentrate, and students may get distracted easily. There is also connectivity issues that should not be overlooked. Especially in Lebanon, the WIFI connection is not the strongest and sometimes teachers have to cancel classes, or students miss classes because of said issues. It is also harder for teachers to know whether or not students understood the concept because they cannot see the student's facial expressions very clearly and their reaction to the material. As for testing, teachers make them timed and do not take into account the time for the questions to load, so sometimes students are unable to submit their work as the timed session has ended. It is also harder for teachers to monitor cheating.

In conclusion, online learning is the best solution in ensuring that students stay on top of things and work gets done even with the unnatural circumstances.

# COVID-19 in Slums: The Shelters That Are Being Slept On

JAD EL GHOUL – IB1



For you to be able to read this article, you obviously have access to technology. You also obviously go back to a house, with food and water, electricity, and most importantly, a roof over your head. That is the life that 828 million people around the world are not able to have, as stated by the World Health Organization, and the number is increasing with the fast-changing economies and diverse opportunities of this world. The main reason behind the formation of slums is simple actually: factors such as hunts for job opportunities, political unrest and turmoil, and hopes of finding a better living are just the tip of the iceberg. But then, a few bumps on the way to the desired goals could lead to poverty, resulting in the formation of these informal settlements. Some of the largest include that of Dharavi, in Mumbai, India, and the ones located in São Paulo, Brazil.

The pandemic manifested its way to Dharavi in the first few days of April, and it has been a constant battle ever since. Regardless of how it had arrived, authorities were quick on their feet and intervention was really speedy, as the isolation of key areas where cases were spotted started to take place. These authorities, backed up by the health ministry, have taken several measures, by converting the National Sports Complex of India, located in Mumbai, into a quarantine facility. In addition to such, more and more testing sites and medical camps are being set up, as well as acquiring local hospitals. Such measures are vital, as experts claim that the pandemic can easily spread in a very rapid manner in these delicate locations. Dharavi, merely reaching one squared mile, where its shacks and huts are home to more than a million people, social distancing and self-isolation are very difficult, due to cramming (up to 6 residents in one home on average). On another note, India, being the third largest economy in Asia, will encounter several bumps on its route to ending the pandemic. The International Labour Organization claims that 400 million Indians working as employees in the informal sector will “fall into deeper poverty during the virus-led crisis”, subsequently leading to increase of slums, causing COVID-19’s patient numbers to skyrocket. Hence, experts claim that these multiplying slums will need new strategies from containing the issue, in addition to providing protective gear such as masks, gloves, and sanitizers/sterilizing agents.



Moving on to the informal settlements of São Paulo, Brazil, specifically Paraisópolis, residents decided to take matter into their own hands, as the government would not take action in regards of the prevention of the Coronavirus. The first positive test was found on February 25<sup>th</sup> in a private hospital located in the region, leading to the country's health ministry to quickly take action. Officials and experts started spreading awareness regarding the virus and informing people about the basics of social distancing, avoiding people, sanitization, etc. Although, things quickly started firing up as a clash occurred between the health minister and the Brazilian president, Jair Bolsonaro, as he claims that the virus is a "little flu" or even a media "fantasy". Since the disagreement between both, the health minister has been fired over the "mishandling of the pandemic".

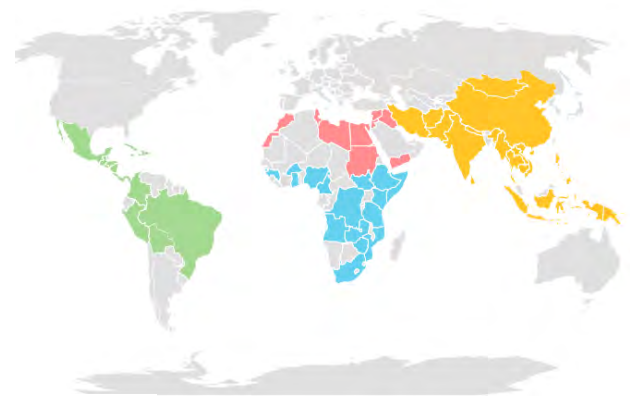


*Slum neighbourhood in São Paulo, Brazil*

The recommendations that the Brazilian health ministry has given out are not new—staying at home, social distancing, washing hands—but it's difficult and very challenging for the inhabitants of Paraisópolis to abide. Just like those of Dharavi, the dwellers in that area live in unimaginable circumstances: tiny brittle homes, lack of resources, and all crammed up.

The residents, surrounded by unbearable conditions and receiving nothing but ignorance and rejection from the government, decided to be in charge and take initiative. Hence, in March, they decided to collaborate with an NGO to receive aid. The organization, G10 Favelas, is a joint project involving community leaders from several slums in Brazil, where their main goal is to offer help to the vulnerable. "We knew that slums would be hit the worst as Brazil started registering the first cases of COVID-19," says Daniel Cavaretti, national coordinator of G10 Favelas, to *The BMJ*. "We feared that people would despair and run to hospitals and local health centres, which are not prepared for it." They were able to hire a private medical service with three ambulances which are fully equipped, as well as a team of doctors, nurses, drivers, and first aid experts. The team takes 24-hour shifts, in order to cater to the endangered citizens.

In the span of just a few months, the COVID-19 wave was able to take the world by storm, and multiply uncontrollably, which was difficult for countries to contain the situation. Governments are finding it difficult to deal with the crisis, hence are being offered aid from international organizations. The UN-Habitat has come up with a response plan for COVID-19, where they help local authorities to identify successful policy, legal measures, and governance approaches to respond to the pandemic in all regions so that everyone everywhere remains protected. In fact, based on each continent, a specific action plan has been perfectly tailored to match the circumstances.



For example, in the Arab States, the UN-Habitat is working in Egypt and using technology to filter water from rivers, in order to provide the vulnerable with access to clean water and sanitation. Another example could be in the Asia-Pacific region, specifically Myanmar, as they are installing public handwashing stations by teaming up with community groups and small businesses and distributing

*Countries where the UN-Habitat is currently working, total of 64.*

education and communication materials. Works as such are being put into practice in all of the continents across the globe, in hopes of minimizing the spread rate of this pandemic.

There are several solutions for slums which governments and organizations can implement to reduce their irrational growth. Private and public institutions (schools, businesses, ministries, etc.) must implement decentralization methods, making these facilities as common in rural areas as they are in urban areas. Also, for institutions to employ locals before foreigners, as this will decrease the unemployment rate and will subsequently boost the economy. With the decrease of informal settlements, crises such as the one that we are going through at the moment will not be as worrisome. It all goes back to our individual jobs: the whole world is currently under lockdown, and the least we can do is work together (but independently) in order to flatten the curve by doing our separate parts. Stay at home for as much as you can, and if you were to leave, make sure to keep a distance at all times. Remain clean, always wash your hands, avoid contact with your face, and cover any cough or sneeze. Most importantly if you feel sick, call ahead. As the human race, we're all in this together.

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*UN-Habitat COVID-19 Response Plan*. UN-Habitat, Apr. 2020, [unhabitat.org/sites/default/files/2020/04/final\\_un-habitat\\_covid-19\\_response\\_plan.pdf](https://unhabitat.org/sites/default/files/2020/04/final_un-habitat_covid-19_response_plan.pdf).

# STUDENT COUNCIL REVIEW

NATALIE ASHKAR - IB1

## 2019-2020 Student Council

- Thierry Hitti - 9 IP
- Ramy Haddad - 9 LP
- Kevin Abi Zeid Daou - 10 LP
- Adan Gemayel - 10 IP
- Hassan Al Wakeel - 11 IP
- Maxine El Aswad - IB2
- Juan Pablo Ghantous Herrera - 12 IP
- Antonio Sawma - 12 LP-SE
- Valerie Naufal - 11 LP-S (Secretary)
- Tamer Saleh - IB1 (Treasurer)
- Natalie Ashkar - IB1 (Vice President)
- Rudolf Aouad - 12 LP-SE (President)

## Accomplishments

1. Making gym access free of charge for students after school hours
2. Decorating campus for Christmas
3. Implementing a new umbrella system with 20 umbrellas for students use
4. Ensuring vegetarian options at every meal in the cafeteria
5. Delaying turning off heating during winter by 1 hour
6. Discussing a recycling system with the Recycling Committee and designating spots on campus for garbage bins
7. Planning a campaign for healthy food with the Catering Committee, discussing an alternative to the railings in the tuck shop, designing flyers promoting vegetarian and healthy food, separating healthy food from junk food in the tuck shop
8. Celebrating World Education Day with a general knowledge Instagram quiz
9. Discussing advisory and the new system that will be put into place next year
10. Celebrating World Health Day with a health trivia Instagram quiz
11. Setting up a hot urn in the cafeteria to allow hot drinks for students and coffee for seniors

## Agenda

- Working with the Marketing Department to celebrate international days and raise awareness about various topics including the Sustainable Development Goals
- Buying chargers to be put in the library for student use
- Providing sanitary napkins in the girls' bathroom
- Refurbishing the student lounge
- Installing ceiling fans for all classes to be used during hot weather
- Selling Wi-Fi cards in the bookshop
- Organizing year-long intramural sports tournaments



# MOVING SCHOOLS

MALEK HAMZEH - IB1

For 13 years of my life, I lived in Dubai and I thought that wasn't going to change until I graduated school. So, when I found out I was going to move to Lebanon, I was nervous to say the least. Normally, I would visit Lebanon every summer because it's my home country. Then, one summer, as we spent it in Lebanon, my mom told me that this wasn't just a vacation, so I never got to say a proper goodbye to my friends. I had to talk to them over the phone, making the experience even harder for both them and me.

I'd never had the experience of moving so I was anxious to say the least. On the bright side, Lebanon is my home country, so I felt a sense of belonging which I never felt in the UAE, despite having spent the majority of my life there. Most of my family lives here, so it was very easy for me to settle in. Prior to coming to Lebanon, I had never heard of BHS, to be honest. My mom told me about it and said that it was a great school, so my sister and I did the entrance exam. Since I had no idea what it would be like, I was anxious. When I first got there, I was amazed by the beauty of the campus.

During the orientation, a couple of students were kind enough to introduce themselves and we had lunch at Kristy's after the first day of school. It was at that point that I realized how welcome and open-minded the people in the school are. Educationally speaking, I personally felt that the quality of education was at a higher level here at BHS compared to my old school. Therefore, it was a bit harder to catch up to their program at the beginning and to reach my full academic potential. But, after being at the school for my 3<sup>rd</sup> year now, I feel that I have been able to adapt greatly and I'm still improving. Looking back at it, I was very nervous, but I do not regret moving here at all. BHS is a great school filled with some of the kindest people I've met, and Lebanon is my home country, so I was bound to return. Then, this feeling of belongingness I feel now is priceless, and I never felt it in the UAE.

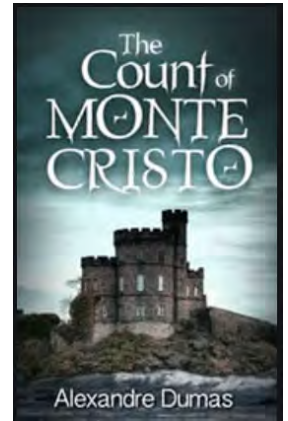
# BOOK RECOMMENDATIONS

ANNA YAGHI – IB2

## 1. The Count of Monte Cristo

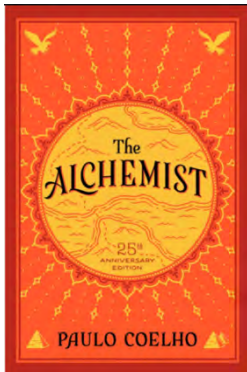
**Author: Alexandre Dumas**

This adventure novel, published in 1844, is centred around the themes of betrayal, justice, mercy, hope, and revenge. It follows the story of a 19-year old, Edmond Dantès, who escapes from prison after his jealous friend frames him for treason. From there, he aims to seek revenge on those who wronged him. The historical elements paired with the depth of the fictional characters offer a unique richness to *The Count of Monte Cristo*. Dumas's great storytelling will leave you nothing short of fascinated.



## 2. The Alchemist

**Author: Paul Coelho**



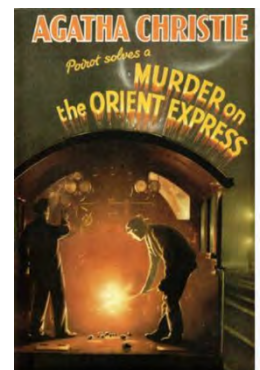
*The Alchemist* is an allegorical novel that tells the story of Santiago, a young shepherd boy, with recurring dreams of finding treasure in the pyramids of Egypt. He eventually decides to follow his dream, despite the obstacles that come in his way. This novel will leave you inspired with the desire to pursue your dreams. It is also one that will leave you wondering and reflecting on life

and the wonders of the world. Here's a little quote from the book that will leave you with a taste of what it offers: "You will never be able to escape from your heart, so it is better to listen to what it has to say."

## 3. Murder on the Orient Express

**Author: Agatha Christie**

Known for her popular mystery novels, Agatha Christie's *Murder on the Orient Express* follows a Belgian detective, Hercule Poirot, as he finds himself in the middle of a murder crime scene while on a train ride. The detective novel explores Poirot's attempt to solve the case and find the murderer, as they must be on the train. It will keep you guessing as you find yourself trying to look for the tiniest clues and attempting to follow the



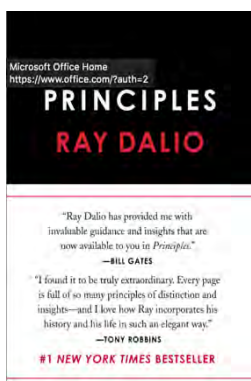
thought process of the unknown murderer. *Murder on the Orient Express* is immersive and captivating, as it observes the close correlation between place, time, and action.

#### 4. Principles

**Author: Ray Dalio**

*Principles* is a self-help book written by an American billionaire investor and philanthropist. This best seller reflects on the principles of life, and how to apply them to everything you do in order to be more successful and overall be more conscious. It is a must-have, and you will finish it having learnt something about yourself, and about life around you. *Principles* is a 'New York Times Bestseller' with figures such as Bill Gates having thought it was a great

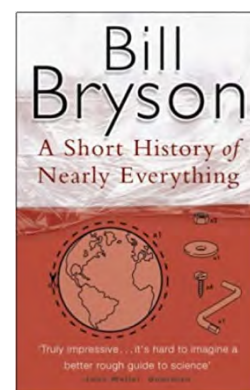
read.



#### 5. A Short History of Nearly Everything

**Author: Bill Bryson**

This popular Science book explains concepts in various fields of science such as astronomy, palaeontology, and chemistry, to name a few. Though most may see it and not give it a second glance, it is worth taking a chance on. The book is written in accessible language for beginners which makes it a wonderful read, without leaving you feeling overwhelmed and confused. There is also quite a bit of humour written into the book, making it an enjoyable read. *A Short History of Nearly Everything* will leave you with so much more knowledge on things you never knew you never knew and is a great way to widen your scope of the general sciences.





# MOVIE REVIEWS

LEA LAHOUD – 9IP



## Dead Poet Society

A life-changing drama/teen movie starring John Keating, an English teacher who encourages his students to go against societal norms and think outside the box. This movie will push you to open your mind and teach you to be different than the ordinary.



## Shawshank Redemption

A touching drama/prison movie starring Andy Dufresne as he is sentenced to two consecutive life terms in prison for the murder of his wife and her lover. He is sentenced to an aggressive prison. Andy is the only one that truly knows that he wasn't the one to commit the crimes. Watch the movie to know what happens!



## Good Will Hunting

A moving drama/romance that follows the journey of a genius in mathematics as he solves all mathematical problems. Then, he faces an emotional crisis in which his psychiatrist helps him out. Watch the movie to find out more!



## Eternal Sunshine of the Spotless Mind

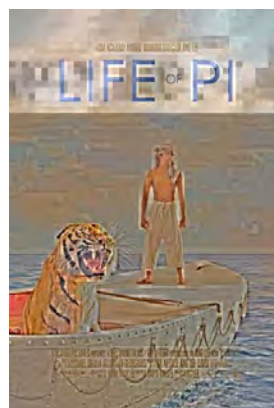
A romance/sci-fi in which two adults begin talking on a train ride. A relationship starts to form between the two lovers. However, what they didn't know was that they had previously been in a relationship. But all the memories have been clinically erased.

erased.



## The Tree of Life

A drama/fantasy that poses some of life's deepest questions. The main character searches for the true meaning of life and questions the existence of faith. The movie also focuses on a troubled father who takes out his frustration on his children.



A very interesting movie.

## Life of Pi

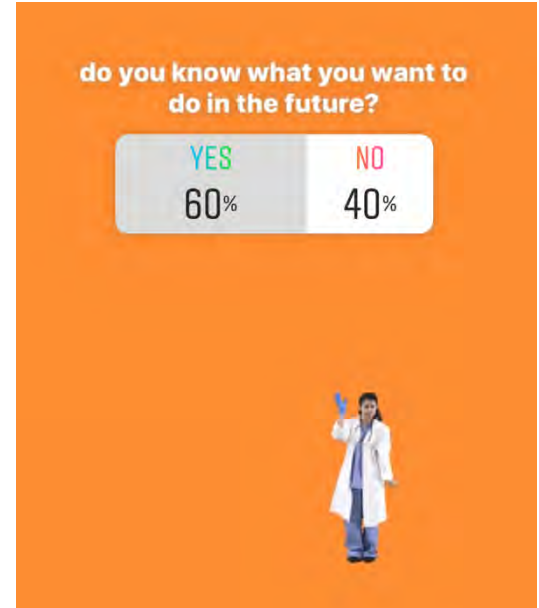
An adventurous movie taking us along the path of a man who tries to find his way on a lifeboat after his boat sinks. He faces many obstacles including wild animals and vicious storms. Watch to know if he survives the journey!

# INSTAGRAM POLLS

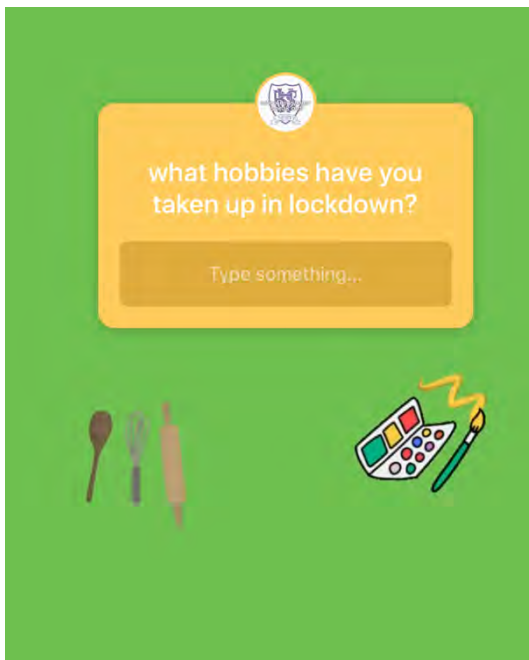
AYA ZEIN - 9IP

In this issue the Instagram polls and questions are mainly focused on the future paths of today's BHS students, with some questions concerning student life from home during quarantine, and the school campus.

The first question was if the students knew what they were going to do in the future and according to the poll responses, 60% of the students have chosen their preferred future job. The following question asked what jobs they had chosen and the most common were to be a dentist, lawyer, and psychologist. Some other jobs that were mentioned were computer programmer and architect. The next question was if the students would be studying in Lebanon or abroad and only about 20% of the students who responded expect to continue their education here. The other 80% said they'd be going to Canada, the UK, and the USA for their university. The final university-related question was to ask the students which universities they aspire to go to. The universities they mentioned were Cambridge, Stanford, McGill, American University of Beirut, Oxford, Princeton, etc...



The next set of questions were concerning how students are spending their time at home. The first question was what hobbies and activities do the students already practice. Fortunately, many students



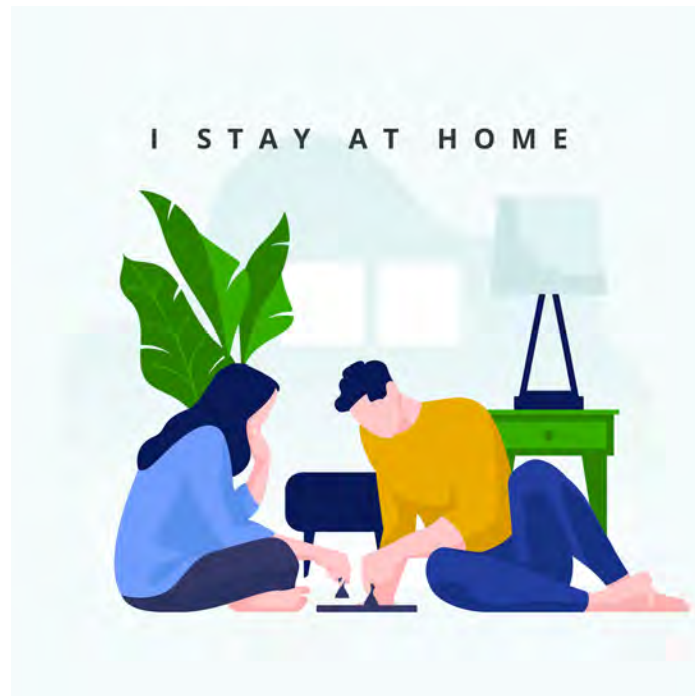
are staying active and doing things like dance, hiking, painting, taekwondo, basketball, piano and gymnastics. And we hope that even the people who didn't mention something are still staying active too. The second question targeted what new hobbies the students have taken up in their free time, and we're happy to say that many students have apparently learnt many new skills. The hobbies mentioned were learning new languages, storyboarding, reading, cooking, dancing and doing crafts like making bracelets.

The final set of questions were about the school campus. The first question was concerning the students' favorite features about the school. Almost everyone responded with the nature flourishing around school and the "Big Tree". And I strongly agree, they're beautiful and not very common among all schools. The next question was: if they could change something about the campus, what it would be? Responses included: improving the bathrooms and adding more grass courts and benches.

We'd like to remind you that all this happens through the newspaper's Instagram, @bhs.speakout. We encourage you all to participate in these polls and questions. And you can reach out to us through the Instagram page to suggest new article topics or share something of your own for us to publish. Thank you to those who participated and shared their thoughts.

# WHAT TO DO WHEN BORED

TIA KHALIFEH – 8IP



- Watch a movie (*check our list above for inspiration, p.21*)
- Come up with new recipes (*search online for homemade recipes*), cook lunch for your family or just bake a cake
- Draw or paint (*search up ideas on google or Pinterest*)
- Learn a new instrument such as piano or guitar (*use YouTube or other platforms like Yousician*)
- Reorganize your room (*the furniture, change your bedsheets, clean your room, ...*)
- Clean out your closet and give away clothes you no longer wear
- Spend time with your family (*watching movies, playing board games/cards*)
- Make a list of challenges and try and complete it with your friends/family (*tie your hair with one hand, hold a squat for 2 minutes, ...*)
- Make jewellery such as bracelets or necklaces (*you can find great ideas on Pinterest*)
- Write a song, poem, or book
- Exercise using an app (*7 minutes, betterme, centr are just a few*) or YouTube videos
- Meditate or do some Yoga
- Listen to some new songs
- Learn a new language (*use Duolingo, Rosetta stone, ...*)
- Make your own face mask (*for example; 1 tsp cinnamon, 2tsp honey, 1tsp lemon juice*)
- Learn a new skill through YouTube or other platforms like Udemy, Masterclass, etc.
- Read a book (*Refer to book recommendations for ideas, p.20*)
- Listen to a podcast (*Case Notes, Let's Talk about Myths, The Overstory, ...*)
- Donate food that you don't need and give them to people who are suffering
- Go on a drive with whomever you're quarantining with
- Learn a dance choreography on YouTube (*T.Milly TV, Kyle Hanagami, ...*)
- Watch a documentary about something you're interested in



- Take some online courses (p.24)
- Go through some old pictures from your childhood with your family
- Take a bubble bath (*if you have a bathtub*)
- Start a blog or YouTube channel to have something to do every week
- Call some family or friends that live outside the country
- Play some pranks on your family ([https://best.lovetoknow.com/Best\\_Pranks\\_to\\_Do\\_at\\_Home](https://best.lovetoknow.com/Best_Pranks_to_Do_at_Home))
- Solve a huge puzzle then frame it
- Facetime your friends and have an online party
- Play online games with your friends (*videogames, among us, skribbl.io, ...*)
- If you don't feel like reading a book use platform like audible to listen to an audiobook while doing something else
- Make a scrapbook, or use a website to create a magazine (*which you can get delivered to your house after quarantine*)
- Paint or decorate a wall with photographs from the internet or of all your friends
- Make some homemade ice-cream or smoothies
- Go outside, to either sit in the sun, go biking or walk

# ACTIVITIES TO IMPROVE YOUR RÉSUMÉ

STEPHANIE CHAKAR – 8IP

Need to add extracurricular activities to your CV? Here are several impressive activities that will help create a well-formed college profile.

- **Model United Nations (MUN)/ debate teams.** Debate teams show one's skills and aptitude in literacy, communication, critical thinking skills and conflict resolution skills.
- **Joining sports teams.** Joining a sports team such as Cheer, Volleyball, Basketball, Soccer, Track & Field, etc. shows productivity, being active and being involved with the school. It also shows you are a team player, and you know how to work with others.
- **Part-time jobs.** Having a job, even if it is not related to future successes, shows maturity, determination, and responsibility. Having a part-time job also shows time management skills since it is evidently not easy to balance schoolwork and a job on the side at the same time. Some examples of part time jobs for students are waitressing, bartending (*at a coffee shop if under 18*), working at a bowling stadium, shopping assistant, lab assistant, and a lot more.
- **Arts.** If one is looking to pursue art in the future, joining a club or an arts-related class outside of school will both show and develop passion and persistence in chasing their dreams of becoming an artist of any form. You could take part in the Major Production if you're interested in drama, play music at concerts or create your own music if you are musically inclined, submit your art to competitions, etc.
- **Community service and tutoring.** If one takes part in community service such as helping the elders or the mentally challenged, it proves that they are an active member of their community and would take time out of their day to help others in need. Same goes for tutoring; helping other struggling students with their work shows that one would be at service to those that need it the most.
- **Clubs.** Join an interesting club during club's fair, something you're passionate about, and if you can't find a club you would enjoy, create your own. This shows that you can take initiative and demonstrates leadership skills, while developing a passion of your own.
- **Take interesting courses online.** On platforms such as Coursera, you can take courses and even obtain a certificate at the end from prestigious universities such as Stanford, Duke University, Penn State and so many others.
- **Summer Programs.** Many amazing universities offer summer programs for high school students in a wide range of subjects from medical courses to art history. You can spend time learning about how it is to live as a university student, familiarize yourself with the campus of some of your favorite colleges and learn more about the subject you would like to major in.
- **Create a small business.** Many high schoolers are creating small businesses instead of/as well as getting a job. Some are making bracelets, creating custom shoes, selling art, babysitting, making clothing brands, and so on. You could even give the profit to charity which would help your community at the same time.
- **Shadowing.** When you shadow someone you go through their usual workday to get an idea about how it is like. This could help you get a greater idea of how your field of interest works and could help you figure out what you would like to do in the future. This also improves your college application since you have somewhat of an idea about what the work force is like.

# FUNNIEST SENIOR QUOTES

MARC EL-KHAZEN - IB1

## 2012-2013

**Dimitri Khairallah, Page 128 :**

*"...Just wanted to thank the teachers that believed in me...No thanks to those who didn't."  
"Hey, a word of advice to whoever is reading this...What doesn't kill doesn't make you stronger, it just makes you stranger, Oh and one more thing...ANA OUT!!"*

**Mark Zalzal, page 130 :**

*Hloooof its over this year passed so quick...hmmmm mention everyone I know in BHS? AINT NOBODY GOT TIME FO DAT*

*This is zalz and I'm signing out*

## 2013-2014

**Kamal abdulnour, Page 136:**

*"...students at BHS here's what I have to say:*

*ENSSAA LIFEE*

*Bye"*

**Hassan Hourie, page 148 :**

*"y2ta3 3mrkn sho bte7kouuu!!!"*

## 2015-2016

**Diane Boukhalil, Page 147:**

*"When's this due?"*

**Alma Mesmar, Page 152:**

*"Hajtkon ba2a!"*

**Seliman seliman, Page 153:**

*"...Sala insa school w insa life. Tarsh we finally made it!!*

*El 7ajj out"*

## 2016-2017

**Joseph abou samra, Page 144:**

*"I was told that I can write anything on here and it'll be in the yearbook. Cheaters never get anywhere but guess what! I just graduated. To be honest, high school was easy! It was like riding a bike...And the bike was on fire...And everything was on fire..."*

*3 Years → Served."*

**Abdulrahman Al Kadri, Page 145:**

*"YOLO [You Only Live Once]"*

**Dima Al-Tahir, Page 152:**

*"The risk I took was calculated, but man, am I bad at math."*

**Michel Almardini, Page 153:**

*"English grade 11 buuck."*

*Check out my YouTube channel, Michel Mardini, got 140k views on a vid.*

*Stay comfortable in sweatpants...*

*...Watch Rick and Morty.*

*It's gonna be HUUGE."*

**Carlos Emile Farah, Page 157:**

*"Mom I made it!!!"*

**Jason Halabi, Page 159:**

*"If I had a cent for every pun I've made, I'd have two punnies... make that three."*

*Come on, it makes cents!...four 😊*

*Ya like jazz?"*



**2017-2018****Sami Al Mobaied, Page 145:**

*"It was easier to cross the border than it was to graduate."*

*People come and go but memories las forever, and so do best friends, specifically the one I've crossed (permanent) mountains with and almost got kicked out of the house for doing so."*

**Omar Bitar, Page 145:**

*"euummm loool"*

**Ramy Charabaty, Page 145:**

*"Kifak fiya, Benzine Ma fiya"*

*"Areba la warra"*

**Alhussain Mohamad, Page 147:**

*"I wanna say thank you to Omar Abou Chamat for writing this email because I forgot to send my senior comment. No further comments"*

**Isabelle Saad, Page 148:**

*"1/2 cup (1 stick) unsalted butter"*

*3/4 cup packed dark brown sugar*

*3/4 cup sugar*

*2 large spoon*

*1 teaspoon pure vanilla extract*

*1 (12 ounces) bag semisweet chocolate chips, or chunks*

*2 1/4 cups all-purpose flour*

*3/4 teaspoon fine salt*

*Mix well, do the shape you like, then put em in the oven for 20 minutes.*

*You're welcome"*

**Tara Salame, Page 149:**

*"Siesta & Fiesta"*

**Youssef Saffoury, Page 149:**

*"I seriously don't know how I graduated"*