

*Meet  
your  
Friends!*

## What's a real friend?

Making friends can be hard sometimes, so here's a few tips on how to make friends:

1. Friends can be anyone you get along with regardless of race, gender or religion.
2. Disagreements are normal, all friends fight. What matters is that you make an effort to solve the problem.
3. Quality over Quantity, having more



friends isn't always a good thing,  
having one good friend is better  
than a 100 fake ones

## *How can I make friends?*

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You can make friends in many different ways. Be friendly, smile and say hi; have a fun attitude but the most important things to remember is to be kind and to be yourself. If someone doesn't want to be friends with you for who you really



### *At school*

School is a great place to make friends that will stick with you for life. Try to find things in common to talk about, such as something happening at school or even homework. After that make an effort to talk to them about other things that may not be school

1. Compliment a friend on his project.
2. If a kid is playing and makes a good move say 'nice shot' and then ask to play.
3. Grab a ball and say 'who wants to play? Don't worry if no one joins go on to something else and your classmates may join later.
4. Overcome your shyness and boost yourself!
5. Be fair, take turns, share and care.
6. Keep promises and stick up



### *Outside of school*

If you have friends doing activities with you, they are likely to become your friends. Choose friends that like things you like. How? Ask your parents to be