

secret

THE SECRET OF LIFE

People change people

It will take you a few minutes to read all of this, but it will take you a lifetime to learn all of it.

Do good

Real Friends

Friendship is a real gift, and it is given with no expectation and no gratitude is necessary, not between *real friends*.

Take a look around you, there are people there for you. Friends talk to each other, *but* real friends *listen*.

Our greatest allies are the people right next to us, even if we don't see it.

Whatever you are feeling you can just tell your friends and know everything will be ok.

You should rely on each other and grow together, but sometimes you need to listen and grow by yourself.

But sometimes it can be hard telling who is really your friend, so you should *look more deeply, just because something is wrapped up all pretty doesn't mean it is*.

Forgiveness

Forgiveness gives us a chance to change our history, but it is easier said than done.

Some people or things we can forgive, they are easy and simple to do.

But some types of forgiveness doesn't come so easily, but life is a long time and one day you might get there.

So, start a forgiveness project. Write a letter to someone, express your feelings, and ask:

Is there anyone in your life you want to forgive?

Labels

If you let people's opinions of you make you act a certain way, then you will never grow as a person. But if you let yourself experience things despite what others think, then you will learn and grow.

There is only one of each of us in this world, and the only label you should wear is your name. Let your actions define you because there are other things to consider; how you live your life, how you treat the other people around you and yourself.

These are your actions, this is your name, and that is who you are.

CULTURE AND CONFLICTS

We live in a world full of conflicts. This is because we live in a world filled with different kinds of people and cultures. Unfortunately, we live in a world where people fear the unknown, anyone who isn't like you. From a different country, a different religion, or a different look.

Culture is not found in a souvenir shop. Culture is our stories, and one day you will find yours.

WHAT WE DO FOR OTHERS

What happens around the world matters, even if you are not directly affected by it.

What if you lived in a country where you could get hurt just because of your last name or skin colour?

It's not good enough that just one person jumps up and stands against it. We all have to jump up, and stand with each other.

FLAWS

We are all human beings which means we all have flaws. We are all on the same team, and if we can sense our own flaws because we can see it in others, it's true friends who help us wipe them away.

THE TRUTH

The truth always finds a way of coming out. That is a missed opportunity for you to do the right thing. Don't let your history be one of the missed opportunities.

CENTER OF THE UNIVERSE.

Everyone thought they were the center of the universe, that they were kings and that everything else circled around them. Until one person found out they were wrong, but they didn't listen to him.

So, listen to people and other opinions because sometimes a small idea can change the world and how we think. Because in the end we are not the center of the universe.

GROWTH

Who you are isn't measured by today or tomorrow. It is measured by many days of what you do.

We will continue to grow and feel. Don't be influenced by what other people like and allow yourself to like what you like, knowing it could change tomorrow. Never use someone else's voice, because if you spend your whole life trying to become someone else who is going to be you?

UNREALISTIC EXPECTATIONS

Unfortunately we live in a society where

they tell us we have to look a certain way. So, we are all under pressure to live up to unrealistic expectations.

If you care too much on how you look on the outside you can lose what you have on the inside. What truly matters is intelligence, compassion, integrity, courage. That is the real you, no matter what you look like.

THE WORLD

It is a big world and who knows where we are all going to end up? People are going to come in and out of our lives. Who knows if the decisions we are going to make are right or wrong?

Although it may seem like the world is out to get you and teach you hard lessons, you need to remember it is the same world that gave you your best friends and your family.

Yes, everything does get harder in life, but sometimes the best things in life don't come easy.