

Art

This year we've all had a lot of spare time to sit at home, watch television and play games online, but there are so many more ways that you can pass time in different and creative ways. Who knows? You might even uncover a hidden talent.

Art can be expressed in many different forms such as painting, drawing, colouring, photography, crafting and many others.



Mandala art

Mandala art is known as the art of therapy because of its drawings that have such small details.

You can easily print mandala drawings and colour them in or you can buy colouring books specifically with these types of drawings in them.

The word "Mandala" means "magic circle" in Sanskrit. This is a relaxing type of art. The mandala drawing is usually a circle with symmetrical detailing on the inside. You can be creative and use fun colour schemes while colouring the circle in.



Painting

Painting is a great way to be creative because you have a blank canvas or paper and you can do whatever you want on it.

There are different types of paints such as water colours, acrylics and oil paints. Water colours are the best if you are clumsy because its the only one that does not stain your clothes.

You can paint portraits of people. You can sit outside paint nature which is very calming and relaxing. You can even paint abstract art which is shapes and colours that don't necessarily represent anything.

Arts and crafts

Being crafty is an impressive skill. You can create new innovative things using normal materials that are just lying around your house.

DIY which stands for “Do It Yourself” is a great way to recycle, decorate and build things at home. For example you can take an empty toilet paper roll and decorate it to become a pen holder for your desk. Or if you want to make a pretty card for your loved ones, you can use glue, glitter, feathers and many more decorative items which will make your card look more original.

If you search DIY ideas on youtube you can find many videos to inspire your ideas.

Photography

Photography is also a form of art, it allows people to see your perspective on things.

The photos you take will capture moments that you find beautiful. You can take photos with your family and friends and keep those memories forever. You can also take landscape pictures such as nature, for example if you think the formation of the clouds in the sky look special and you take a picture of it, this is considered art.



Puzzles

Puzzles are also a great way to pass time and release stress. It also enhances your patience and helps you focus.

There is nothing more satisfying than completing a puzzle.

Doing a Jigsaw puzzle with your family or friends can help bond you together.

