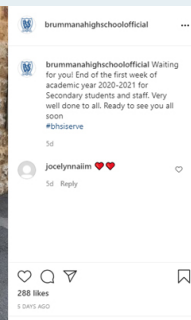




BHS WEEKLY TIMES

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CORONAVIRUS

What are coronaviruses?

Coronaviruses are a large family of viruses which may cause illness.

What is COVID-19?

It is the new respiratory disease caused by the most recently discovered coronavirus and now it is a pandemic affecting many countries globally.

What is the difference between Influenza (Flu) and COVID-19?

Influenza (Flu) and COVID-19 are both contagious respiratory illnesses, but they are caused by different viruses. Because some of the symptoms are similar, it may be hard to tell the difference between them based on symptoms



BRUMMANA HIGH SCHOOL
MEDICAL DEPARTMENT

Handwashing

Why handwashing is important?



Handwashing is an easy, lifelong, healthy habit and one of the most effective ways to prevent the spread of respiratory infections such as cold, the flu or COVID-19 and diarrheal infections and one of the best ways to protect yourself and others from getting sick.

Handwashing

How do I wash my hands?

- Wet your hands with clean, running water and apply soap.
- Lather your hands by rubbing them together with the soap. Lather

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