

MASTER PLAN OF ACTIVITIES 2025–2026

INFANT SECTION (KG2 & KG3)

Saturday Activities

Session	Time	Activity	Details	Classes	Location
Session 1	10:30 – 11:20 AM	 Gymnastics	Balance beam, rolls, animal poses	KG2 & KG3	Gym
		 Basketball	Ball bounce, throw into low hoop	KG3	Basketball Court
		 Football Games	Dribbling, mini goals, cone weave	KG2	Football Field
		 Dance & Music	Movement activities	KG2 & KG3	Rizkallah Building
		 Art & Craft	Creative art time	KG2 & KG3	Infant Art Room
Session 2	11:30 – 12:20 PM	 Martial Arts Games	Kicks, bowing, movement games	KG2 & KG3	Gym
		 Art & Craft	Creative art activities	KG2 & KG3	Art Room
		 Dance & Music	Leader roles, music play	KG2 & KG3	Khoury Hall
		 Fun Basketball Games	Basketball-based games	KG2	Basketball Court
		 Fun Football Games	Football-based games	KG3	Football Field

LOWER SCHOOL (Grades 1–6)

Saturday Activities

Time	Grade Levels	Sport / Activity	Location
8:45– 10:00 AM	Grades 1–2(Boys & Girls)	Football	Football Field
8:45– 10:00 AM	Grades 3–4 (Boys & Girls)	Football	Football Field
8:45– 10:00 AM	Grades 4–6 (Boys & Girls)	Table Tennis	Facing the Pool
8:45– 10:00 AM	Grades 1-2 (Boys & Girls)	Basketball	Akel Covered Court
8:45– 10:00 AM	Grades 3–4 (Boys & Girls)	Basketball	Basketball Court
10:00 – 11:00 AM	Grades 2–6 (Boys & Girls)	Track & Field	Football Field

31 Weekday After-School Activities

Day	Time	Grades	Activity	Location
Wednesday	3:30 – 4:30PM	Varsity (Boys & Girls)	Swimming	Country Lodge
Thursday	3:15 – 4:15 PM	Grades 4–6	Chess	High School
Friday	3:15 – 4:15 PM	Grades 4–6	Taekwondo	Gym
	4:15 – 5:15 PM	Varsity (Boys & Girls)	Swimming	Country Lodge

UPPER SCHOOL (Grades 7–12)

31 Monday

Time	Grades / Group	Activity	Location
3:30 – 4:15 PM	Grades 9–12 (Boys & Girls)	Running Training	Football Field
3:30 – 4:30 PM	Girls	Dance	Gym
3:30 – 4:40 PM	Grades 7 & 8 Boys	Football	Football Field

31 Tuesday

Time	Grades / Group	Activity	Location
3:30 – 4:40 PM	Upper School	Rollerblading	Covered Playground
3:30 – 4:40 PM	Girls	Volleyball	Volleyball Court
3:30 – 4:40 PM	Girls	Basketball	Khoury Hall
3:30 – 4:40 PM	Grades 7 & 8 Boys	Basketball	Basketball Court
3:30 – 4:40 PM	Boys & Girls	Ultimate Frisbee	Football Field

31 Wednesday

Time	Grades / Group	Activity	Location
2:30 – 4:00 PM	Boys Grades 9–12	Football	Football Field
3:15 – 4:15 PM	Boys & Girls	Swimming	Country Lodge
3:30 – 4:40 PM	Boys	Basketball	Basketball Court

31 Thursday

Time	Grades / Group	Activity	Location
3:30 – 4:40 PM	Girls	Football	Football Field
3:30 – 4:40 PM	Girls & Boys	Track & Field	Football Field
3:30 – 4:40 PM	Girls & Boys	Chess	High School
3:30 – 4:40 PM	Boys	Volleyball	High School
3:30 – 4:30 PM	Girls & Boys	Table Tennis	Khoury Hall
3:30 – 5:00 PM	Girls & Boys	Cricket	Football Field

31 Friday

Time	Grades / Group	Activity	Location
3:30 – 5:00 PM	Boys Grades 9–12	Football	Football Field
4:15 – 5:15 PM	Boys & Girls	Swimming	Country Lodge Bsalim