



BHS September Menu

DATE/DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST only Infant Section	Mankoucheh Zaatar Juice	Halloumi sandwich w cucumber aside Milk 125ml	Croissant Zaatar Juice	Mankoucheh Cheese Milk 125ml	Labneh Cucumber aside Milk 125ml
9 to 11 Sep			Peas and rice Kababjian (Kebab w eggplant)	Taouk / hummus /Fries Freekeh w Meat	Red Beans (small) Fassolia Chicken escalope
14 to 18 Sep	Lasagna Chicken Curry	Roast beef W Potato cube (Inf.) w Puree (LP) Pizza	Crispy Chicken w fries Mexican shrimps	Peas and rice Kafta bl saniyeh w batata	Oriental chicken Crêpe Cheese/chocolate
21 to 25 Sep	Chicken burger w fries Laban Emmo	Daoud Bacha Chicken piccata	Chicken Nouille Sheikh el Mehsheh	Burghul BTfine w Yogurt Fish Meuniere	Mouloukhiyeh Club sandwich
28 Sep to 2 oct	Potato Soufflé Okra w/o meat stew w rice	Kofta w Hummus Penne Alfredo	Shish Barak Chicken noodles	Beef Burger Red Beans w/o Meat w rice	Spinach Stew w Rice Seyadieh