



Brummana High School

Head and Concussion Policy

At Brummana High School, as a general rule, collision sports such as rugby football are either not practised or are practised only in modified form. However, in some sports such as football and basketball, collisions may occur with others or with the ball, which can lead to head injuries, including concussion. In addition, accidents may take place in the playground, on school trips, or elsewhere on the school premises that may result in head injuries.

In such cases where a head injury is suspected, as indicated by symptoms such as pain, dizziness, headache, nausea, vomiting, double vision, blurred vision, memory loss, or loss of consciousness, the teacher/coach/person on duty or in charge of the activity will stop the activity immediately. They will ensure that the student is not left alone and is taken directly to the school nurse for medical attention and, if necessary, to hospital thereafter.

Parents/guardians will be notified as soon as possible and an incident report will be completed.

In case the accident happens outside school hours or at a time the school nurses are not available, action should proceed as per the Accident and Medical Emergency Procedure.

If concussion is diagnosed by a medical practitioner, the student must not return to school until advised to do so by the treating practitioner. Furthermore, the student must not engage in contact sports or strenuous physical activity at school until the period specified by the treating practitioner has passed after the student has been confirmed to be symptom-free.

The school requires both a medical report for any head injury, including concussion, and written clearance from the treating medical practitioner stating when a return to sporting and other activities is permissible.

JND Gray

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