November Menu B.H.S

DATE/DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	**Mankoucheh Zaatar** Juice / fruits	**Halloumi sandwich w cucumber aside** Milk / fruits	**Croissant thyme** Milk / fruits	**Mankoucheh Cheese** Juice / fruits	**Labneh or speeded cheese Cucumber aside** Milk
02 to 6	**Crispy Chicken with fries** Sheikh el Mehsheh	**Roast beef with Potato cube (Infant) with Purée (Lower Elementary)** Pizza	**Pasta tomato sauce** Chicken Curry	**Daoud Bacha** Mexican Chicken	**Oriental chicken with Laban** Crêpe Cheese/chocolate
9 to 13	**Shish Barak with rice** Pizza with fries	**Beef burger with fries** Chicken piccata	**Chicken Nouille** Mexican shrimps	**Kibbeh bl Saniyah** vegetables noodles	**Mouloukhiyeh** Club sandwich
16 to 20	**Laban Emmo** Sheikh el Mehsheh	**Chicken burger with fries** Fish Ratatouille	**Koussa Mtabbak with Rice (infant)** Kafta bl saniyeh with batata (Lower Elementary)	**Spaghetti Bolognese** Riz bel Tfine	**Spinach Stew with Rice** Fish Meuniere
23 to 27	**Crispy Chicken with fries** Artichokes stew	**Oriental Lamb** Vegetable stew with rice	**Pasta white sauce** Beef Piccata	**Kafta/hummus/fries** Pizza	**Moghrabiyeh** Loubieh bl zeit
30 nov to 4 dec	**Burghul Bl dfine w Yogurt** Chicken escalope	**Oriental Chicken** Penne red sauce	**Kebbeh bl Sanieh** Shrimps Noodles	**Spaghetti Bolognese** Lasagna Chicken stroganoff	**Mudardara (Infant)** Fish Escalope